

What is a health care provider's responsibility regarding obtaining consent prior to entering height/weight data into the BMI Growth Module in MCIR?

Health care providers may now submit height and weight data, on their patients ages 0 to 18, into the BMI Growth Module in the Michigan Care Improvement Registry (MCIR).

The MCIR Administrative Rules requires health care providers to obtain consent from the parent/guardian/patient prior to submission of data; **there is no requirement for this to be written consent.** Health care providers **must** provide parent/guardian/patient written information explaining that the reporting of height and weight data into the BMI Module in the MCIR is optional and that they may choose to not have height and weight data included in the BMI Growth Module. Free downloadable office posters and BMI informational sheets are available on MCIR.org.

Below is sample language that you may choose to add to your existing forms in order to comply with the Rules. You are encouraged to consult your own legal department to ensure the accuracy of your forms and full compliance with the Rules.

After measuring your child's height and weight, our office records the information in the Body Mass Index (BMI) Growth Module in the Michigan Care Improvement Registry (MCIR). We use the module as a tool to help prevent and treat weight related issues. Recording height and weight in the module is optional and you may decide to "opt out" (not consent) for this service. If you want to "opt out" please let our office know.

OR

We measure your child's height and weight and record that information in the Body Mass Index (BMI) Growth Module in the Michigan Care Improvement Registry's (MCIR). We use the resources and tools in the module to promote healthy weight and lifestyle habits for your child. Use of the module is optional for your child and you may choose to decline this service. Please let us know if you decline.

OR

Your child's health care provider will record height and weight in his/her medical record. Recording and monitoring your child's height and weight are important to providing the best health care and treatment. Unless you choose to not share this information or "opt out," your provider will submit this height and weight data to the Body Mass Index (BMI) Growth Module in the Michigan Care Improvement Registry (MCIR). You can choose to not share your child's height and weight.